

## Leading Health Experts Agree: Fluoridation Is Safe and Effective



“Water fluoridation continues to be one of the most important tools in our toolbox to prevent tooth decay in children and adults.”

*(American Academy of Pediatrics, April 2015 statement)*

---



Public Health  
England

“... water fluoridation is an effective and safe public health measure to reduce the frequency and severity of dental decay, and narrow differences in dental health between more and less deprived children and young people.”

*(Public Health England, March 2018 report)*

---



“Community water fluoridation has proven to be a safe, effective and cost-saving public health measure for preventing tooth decay.”

*(American Public Health Assoc., website, accessed in July 2018)*

---

ADA

American  
Dental  
Association®

“Studies show that fluoride in community water systems prevents at least 25% of tooth decay in children and adults, even in an era with widespread availability of fluoride from other sources, such as fluoride toothpaste.”

*(ADA website, accessed in July 2018)*

---



“Fluoride helps to rebuild and strengthen the [enamel]. Water fluoridation prevents tooth decay by providing frequent and consistent contact with low levels of fluoride.”

*(Centers for Disease Control and Prevention website, updated 6-17-18)*

---



“Based on the results of this study, the Scientific Committee concludes that there is no scientific basis to suggest any concerns from exposure to fluoride from foods and beverages.”

*(Food Safety Authority of Ireland, April 2018 report)*